

FOR IMMEDIATE RELEASE — May 3, 2013

# PRESS RELEASE

## The Best Things Come to Those Who Wait for God to Bring Them

*In **Catch a Falling Star**, Beth K. Vogt shares that God's best is often behind the door marked "Never"*



**Seattle:** Is there ever a point when you should let go of a dream? Shouldn't you be content with what God has already given you, even if your life isn't what society considers the norm? In **Catch a Falling Star** (Howard Books/May 7, 2013/ISBN 9781451660272/\$14.99), Beth K. Vogt tells the story of Dr. Kendall Haynes, a successful family physician with a thriving practice, helping others just as she always planned. However, at age 36, her dream of a husband and family has not come true — at least not yet.

"Everyone experiences life not going according to their plans — the outcomes range from humorous to tragic," says Vogt. "What I've learned — what I hope readers discover as they turn the pages of *Catch a Falling Star* — is God is in the plans, the dreams that come true, and he's also in the plans that elude us."

Sure, growing her medical practice takes up a lot of her time and she is focused on her career, but that isn't the reason Kendall is still single. She'd happily make room in her life for a family, but Mr. Right just hasn't come into her life. All of her closest friends are now married or planning their weddings. Even her baby sister, 10 years younger than she, is getting engaged and demanding Kendall give up their grandmother's engagement ring because, after all, Kendall isn't using it and at this point most likely never will. Kendall decides she needs to stop wishing upon a star and face reality: Some dreams just never come true.

Kendall's path keeps crossing with Griffin Walker's, an Air Force pilot who makes it loud and clear he prefers flying solo in the air and on the ground. His life is focused on flying until he is grounded due to circumstances beyond his control. However, life becomes even more complicated for Griffin after the sudden death of his parents makes him the guardian of the adopted 16-year-old brother he barely knows. Griffin is convinced there is no way his life will ever get back on course now. When their lives collide during a near tragedy, Kendall and Griffin must decide if they can embrace the unexpected changes God has waiting for them.

*Catch a Falling Star* weaves the lives of her main characters and supporting cast together using the themes of singleness, adoption and loss of parents. "All of these relationships fall under the umbrella of 'life not going according to plan,'" explains Vogt. "In fact, relationships rarely do; they require hard work. Commitment. Trust. Prayer. Patience. Sacrifice. This is why I say there is more to happily ever after than the fairy tales tell us."

Vogt was inspired to write a romance with characters a little older than many others on shelves today after a conversation with a friend. "I wanted to examine this issue within the context of a contemporary romance novel because it's relevant — and because I believe romance doesn't just happen in your 20s. It isn't just society that puts marriage and family expectations on singles. I certainly believe the church community can add unrealistic pressure on us when life doesn't go according to plan — or some prescribed, 'right' way to walk out the Christian life. There are lots of reasons women are getting married later — and sometimes it's because Mr. Right doesn't show up when you're 21 or 31."

**Readers can connect with Beth Vogt at her *Catch a Falling Star* Facebook party on June 6 at 8:00 PM EDT where she will chat with readers, answer questions and give away books. Watch for details on her [Facebook page](#).**

## Advance Praise

"Anytime a novel makes me tear up, laugh out loud, or put my hand against my chest because the romance is just that good, I tend to give it a big thumb's up. *Catch a Falling Star* had me doing all three! It pulled me in, kept me reading well past my bedtime, and left me eager for more from this talented author. Beth Vogt knocked this one out of the park!"

~ Katie Ganshert, author of *Wildflowers from Winter* and *Wishing on Willows*

"Beth Vogt has once again captured my complete attention. ...*Catch a Falling Star*, is rich with true-to-life characters who sit down beside you and invite you into their lives. The story unfolds with humor, tenderness, and a few poignant moments that will have you savoring each well-written word. Vogt points the way toward grace, healing, and hope without preaching, but presents an honest portrayal of real lived-out faith and how it can impact lives."

~ Catherine West, award-winning author of *Yesterday's Tomorrow* and *Hidden in the Heart*

"This is one of those kind of books: the kind you open thinking you'll just read a chapter or two and then, before you know it, you're turning the last page with a smile and sigh. I don't know how she does it, but Beth's characters seem to live and breathe. I closed the cover after reading the last page and found myself a little bit sad, wondering where all my new friends had gone."

~ Siri Mitchell, author of *The Cubicle Next Door* and *Unrivaled*

"Beth Vogt is a rising romance star with this amazing second novel. Delightful, sparkling romance and a story that is sure to keep you up all night. Bravo!"

~ Susan May Warren, best-selling, award-winning author of *Take a Chance on Me*

## About the Author



Beth K. Vogt knows all about her plans and God's plans not being the same. There was a time when as a non-fiction author and editor, she said she'd never write fiction. She's the wife of an Air Force physician (now in solo practice) who said she'd never marry a doctor or anyone in the military. She's a mom of four who said she'd never have kids. Vogt has discovered that God's best often waits behind the doors marked "Never."

Vogt earned a journalism degree from San Jose State University. Her publishing credits include: *Discipleship Journal*, *Virtue*, *The Christian Communicator* and *Crosswalk.com*. She is also a contributor to *Chicken Soup for the Soul: A Tribute to Moms* and *The Mommy Diaries* as well as author of *Baby Changes Everything: Embracing and Preparing Motherhood after 35*. *Catch a Falling Star* is her second novel, following the release of her fiction debut *Wish You Were Here*, which hit bookstore shelves last year.

An encourager at heart, Vogt has more than 20 years' experience teaching women at retreats, churches and other events, including the MOPS (Mothers of Preschoolers International) Convention and the Hearts at Home national and regional conferences. For several years, she edited *Connections* and is currently a consulting editor for *MomSense* magazine and writes a bimonthly column for *MomsNEXT*, MOPS' ezine for moms of school-age children.

Beth and her husband Rob have been married for almost 35 years. They have three adult children and — thanks to a funny thing happening on their way to the empty nest — a 12-year-old. The Vogt Team, which now includes a "daughter-in-love," two "sons-in-love," and a grandbaby on the way, enjoys hiking and camping in Colorado.

Visit Beth Vogt's website at [www.bethvogt.com](http://www.bethvogt.com) to learn more about her books, sign-up for her newsletter, and read her blog. Readers can also follow her adventures on [Facebook](#) ([AuthorBethKVogt](#)) and [Twitter](#) ([@bethvogt](#)).

### Suggested Interview Questions

- Is there a message you hope readers walk away with after finishing *Catch a Falling Star*?
- Kendall finds herself on her 36<sup>th</sup> birthday without the husband and family she longs for. Do think society sometimes adds undue pressure on our expectations and/or interferes with our faith in God's timing?
- What was the inspiration behind making your lead characters a little older than most couples in love stories?
- *Catch a Falling Star* looks at more relationships than simply the traditional love story. How do the experiences of singleness, adoption and the loss of parents connect the characters together?
- Your male lead is an Air Force pilot, much like your own husband was in the Air Force. Are there other parts of your life written into the story?
- One of your themes in *Catch a Falling Star* looks at how people respond differently to disappointment and unexpected circumstances. Which character do you most identify with in these situations and why?
- Have you ever had to give up on a dream yourself?
- How has God surprised you in your life with plans of His own?
- How was writing your second novel different than the first? Are there any lessons you learned the first time around?

**Beth Vogt is available for interviews to promote the release of *Catch a Falling Star*. To request a review copy, schedule an interview or for more information, please contact Audra Jennings, [audra@lifusegroup.com](mailto:audra@lifusegroup.com).**